

clarke university COURIER

September 23, 2010

Dubuque, Iowa

Issue No. 1

Wireless woes caused by student use of routers

tyler oehmen
sports editor

If you have a laptop here with you at Clarke, chances are you use the wireless network to access the Internet to do normal tasks such as checking email, researching online, and checking Facebook.

Many times there are issues using the wireless network. Often, the connection appears slow and is quite frustrating.

Chances are you may have found yourself shouting at the computer or yelling to the sky how much you hate the Clarke Internet. It's a common misconception that the reason you get better Internet sitting and watching the soccer games on the soccer hill than you do in your dorm room is because Clarke's technology department is incompetent. It turns out that the main problem for students trying to get good reception in their dorms is really themselves.

A major reason for having a poor signal is that personal routers are blocking the signal of the school's network. Although students have been asked to turn them off, many of routers are still on.

"It's like radio interference," says Clarke Network Administrator Andy Bellings. "If you have two radio signals broadcasting on the same station, one of them is going

Clarke Universi...tree?

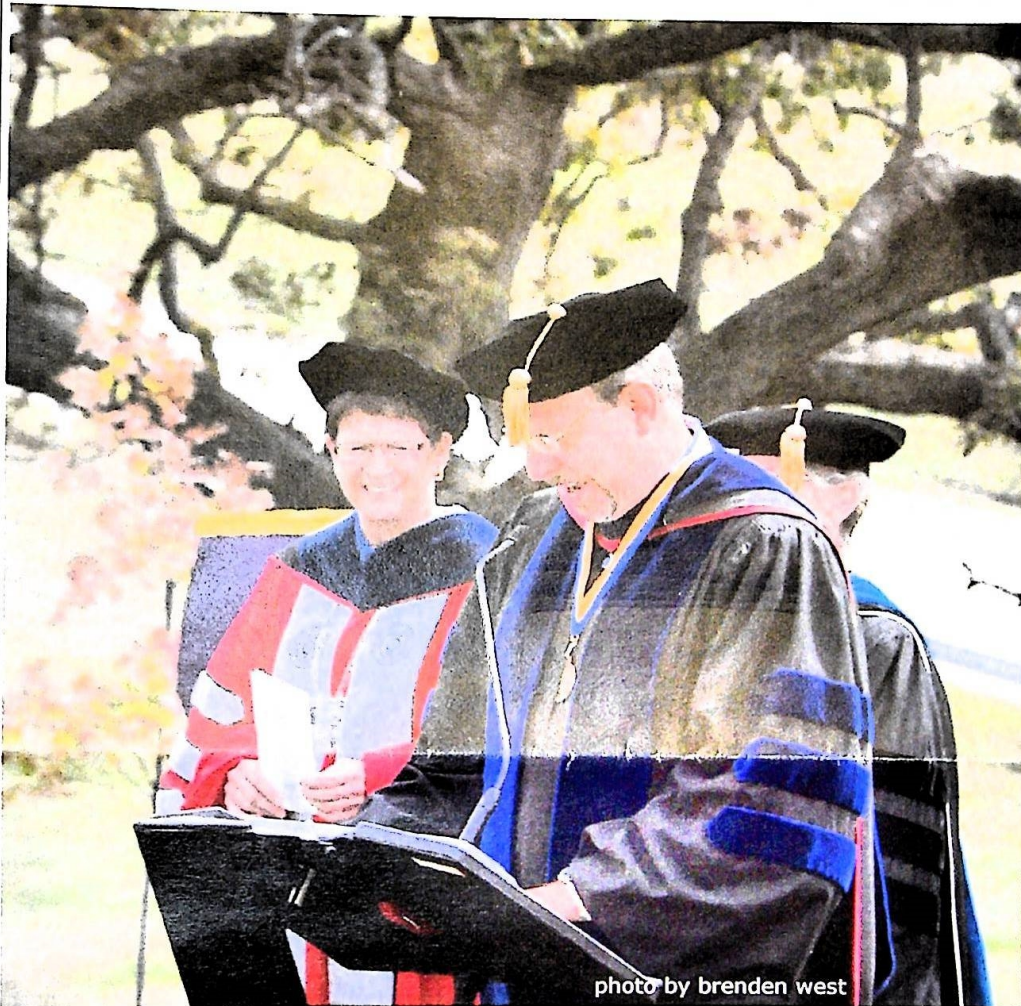


photo by brenden west

Norm Freund, associate professor of philosophy, addressed students along with President Joanne Burrows (left) and Provost Joan Lingen on Wed. Sept. 15, at the annual tree planting ceremony. Story on Page 2.

See "Wireless" Pg. 2

Homecoming traditions included Blind Date List

molly mccormick
staff writer

Parades, dances with Loras, a queen coronation, and a blind date list: These are things you might never connect with Clarke's Homecoming, but in fact, they were things students once looked forward to during homecoming week.

This year, festivities will take place Oct. 1-3. Katie Bahl, director of Alumni Relations, says planning for homecoming starts right after the previous homecoming has ended. Save the date letters are sent in the spring and following that are numerous emails, mailings, invitations, and reminders on facebook. This allows alums plenty of time to free up their weekend and head back to Clarke.

This year, the class of 1960 will celebrate its 50th reunion, while the class of 1985 is celebrating its 25th reunion. So thanks to the help of the Clarke Archives and old copies of the Courier, here are some traditions from homecoming 1960 and 1985.

In 1960 the theme was "De-bell the Bees" and Clarke and Loras celebrated homecoming

together. Three homecoming queens were chosen each year among the classes and represented Clarke at the joint homecoming. Loras and Clarke students were also responsible for decorating Loras's field house fence. Lastly the Social Relations Board created a blind date list that was available for both Loras and Clarke students who wanted to participate in homecoming.

In 1985 the homecoming theme was "Hooray for Hollywood," and, like our homecoming today, they had a soccer game versus Loras that year and a student dance at the Hotel Julien. There was also a parade downtown. Sara McAlpin, BVM, is in charge of Clarke's Archives, and

during homecoming week, she keeps busy getting things ready for the display that is set up in the Library Rare Book Room for alumni. The show features old student directories, catalogs, commencement programs, graduation pictures, Couriers, and the "Labrium," an old literary magazine. One of the things that McAlpin is including in this display for the class of 1960 is old chemistry scrapbooks made by Marguerite Neumann, BVM. Neumann was a chemistry professor who kept scrapbooks dealing with anything chemistry-related: meetings, speeches, and events the students were involved in. There are a few new things for this year's home-

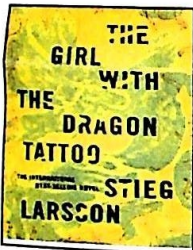
See "Homecoming" Pg. 2

campus life



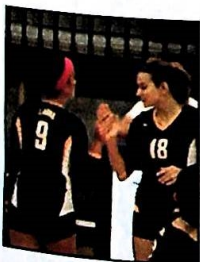
Education majors visit Ecuador.

arts etc.



A captivating novel from across the pond.

sports



Meet the athletes of the fabulous freshman class.

weather



Chance of thunderstorms. High 85. Low 61.

CAMPUS LIFE

September 23, 2010

Convocation Marks Official Beginning of Clarke University Classes

brenden west
editor

Students gathered outside of Clarke's Atrium building Wednesday, Sept. 15, as they waited for faculty and upperclassmen to shepherd them across the street for the annual Convocation ceremony. Few knew exactly what to expect. While the event has its traditions, each year the ceremony takes on a different theme. This year, the speaker praised the many resources Clarke has to offer.

At 11 a.m. the academic procession began as Kathryn Sutton, chair of the Faculty Senate, led students to Terence Donahue Hall.

President Joanne Burrows, SC, then proceeded with her introductory remarks. "It is our first year as Clarke University," said Burrows. "New students, faculty, and staff, you have made a smart choice in choosing Clarke. We are dedicated to do the best of our ability to help you succeed."

Burrows was followed by biology department chair Michelle Slover, last year's recipient of the Meneve Dunham Award for Excellence in Teaching. Slover's speech drove home the theme of the event: resources. She began by holding up a toothbrush and baking soda to demonstrate that we need certain tools to do certain things. "Don't be afraid to ask for help," Slover said.

"Every person you meet has the potential to add to your resources."

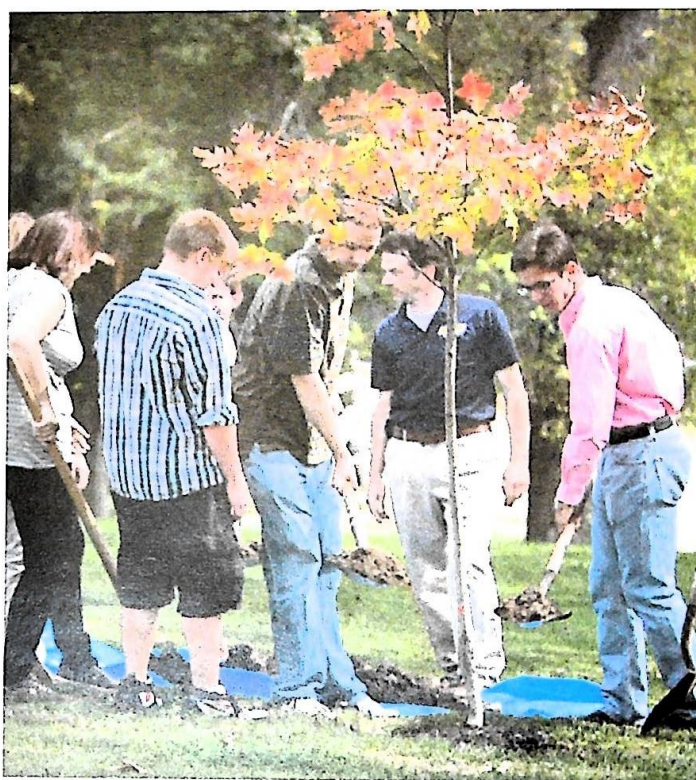
Class presidents Becca Bahl ('11), Luke Wilson ('12) and Ian Hart ('13) gave speeches in response to Slover's, each stressing the importance of getting involved at Clarke.

The Clarke Collegiate Singers then took the stage, and the Tassel Ceremony (in which the Cornerstone faculty hands out graduation tassels to the new students) took place.

When Convocation concluded, students were directed behind Mary Josita and Mary Benedict halls for the annual tree planting ceremony.

"For more than 100 years we have planted and named trees in honor of our graduates," said Norm Freund, professor of philosophy, as he addressed the crowd. "Today, the tree planted four years ago by the class of 2011 will be named by those graduating next spring. Like the students it represents, it has grown strong and sure these past few years."

The class of 2011, led by Becca Bahl, took the microphone and announced the name of the tree: "Univers-i-Tree." A group of freshmen then planted the new class tree. It was blessed, and the crowd for the 2010 Convocation Ceremony disbursed, signifying the start of the new academic year.



Tree Names from Previous Years

1910 - "Penelope"
Named for the wife of Odysseus from Homer's "Odyssey"

1942 - "MacArthur"
Most likely named for the WWII general

1971 - "Son of a Bush"
A maple tree named as word play on an expletive

1979 - "Tree-2, Dee-2"
Named for the famous "Star Wars" character

2004 - "Hero"
Referring to remembering the heroes of 9/11

2009 - "The Thinking Tree"
Clarke teaches students to think for themselves

Wireless, continued from page 1

to beat out the other."

Basically, Clarke's signals are trying to fight through student signals but can't because the student routers are actually inside their rooms.

It is especially difficult in the student apartments. The Clarke routers are in the hallway, but since the apartments go six-rooms deep, it's nearly impossible for the signal to get there, especially with personal routers on. Unfortunately, students in the last three rooms in the apartment likely do not get any signal.

"It is really frustrating to have to move to another room to check my emails or get on Blackboard," says sophomore biology major Nathan Powell. "Hopefully they can find a way to figure out the problem soon."

"Another big issue, is the use of all wireless devices on campus, not just routers," says Senior Network Administrator Nathan Gilmore. "New laptops, wireless printers, and smart phones with Wifi capabilities all have an effect on the school's network and how it behaves."

Bellings adds, "Over the summer, we do all the testing to make sure we have a signal everywhere. But when students come back and bring all kinds of devices that we can't test with, then problems occur."

The Wireless Internet is a big issue for the network administrators at Clarke.

"Wireless is a major issue for us," says Gilmore. "I don't think Andy and I go an hour without talking about wireless."

As the school continues to move online with myInfo, Moodle, and Blackboard, the need for a solid network continues to grow.

"I needed to do homework and it took forever to download," says senior business major Matt Carlson. "It was frustrating. But once I finally got on it went fairly smoothly and wasn't too slow."

"I know it isn't great here, but it's better than home," says sophomore athletic training and physical therapy major Mary Collier. "My parents are old-fashioned in many ways, and we don't have wireless, so I can only access the Internet from one spot. At least it actually works."

The wireless network is always improving, but there is only so much that can be done with a restricted budget. The best way to increase your signal is turn off any device that emits unneeded wireless signals.

In the mean time, Clarke is offering free Ethernet cords for all students. Simply go to Keller Computer Center and ask for a free Ethernet cord and they should give you one for free with absolutely no hassle.

Homecoming, continued from page 1

coming, first is the use of a theme; Clarke is no longer doing themed homecomings. It is now sticking to Clarke-related things, like Blue and Gold, this year's slogan. Another new addition is the Musical Theater Event at 7:30 p.m. in Jansen Music Hall. This is a fundraising event for the drama and music departments. Mike Cyze, executive director of communications and Andy Schroeder, major gifts officer, will be the MC's and you can see many previous alumni acting out some entertaining skits. "I always look forward to homecoming," said Katie Bahl, Director of Alumni Relations. "It's exciting to see alumni and friends come back and see how the campus has changed and how Dubuque has changed since they were last here." Two of the many alumni coming back are receiving the distinguished Alumni Award for this home-

coming. Mary Kern Manning, Class of '58, is receiving the Outstanding Achievement Award for going back to school to become a lawyer at the age of 48 and now is practicing family law in Chicago. The other distinguished alum is Judy Conway, Class of '59, who is receiving the Humanitarian Service Award for her various rolls in Quito, Ecuador and for her volunteer work in her New York community. "I love to hear stories from their time at Clarke, and hear how they have created impact in them," said Bahl. "While many things have changed on campus, (going co-ed, and changing to Clarke University) it is still a great to see them realize it is still a fantastic place. For additional homecoming information and to see Clarke's full homecoming schedule please visit www.clarke.edu/homecoming.

Homecoming Weekend Schedule of Events

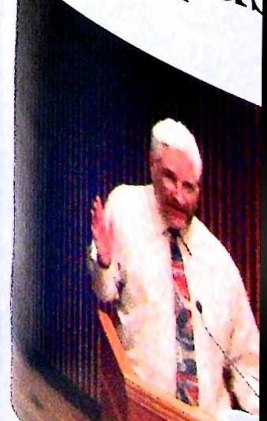
Friday, October 1
3 p.m. Campus Tours
5-9 p.m. Golden Dinner
7-9 p.m. Silver Reception
9 p.m.- Midnight Clarke and Loras Reunion Party

Saturday, October 2
8:30-11 a.m. Registration
9 a.m.-5 p.m. Alumni/ Student Art Sale
9 a.m.-5 p.m. Dig through the Archives
9 a.m. 50th Reunion Gathering
10 a.m.-12:30 p.m. Cuttie's Camp
10:30 a.m. Alumni Recognition Brunch/ Campus Tours

Noon-4 p.m. Residence Hall tours
1-3 p.m. Trolley Tour to Mt. Carmel
1 p.m. Women's Soccer Game
1-5 p.m. Alumni Tent Party and Carnival
3 p.m. Men's Soccer Game
4:30-5:30 p.m. Clarke Alumni Chapel Choir
5:30 p.m. Celebration of Mass
7:30 p.m. Musical Theater Event
9-11:30 p.m. Downtown Saturday Night

Sunday, October 3
11 a.m. and 12:30 p.m. Alumni Soccer Games
11:30 a.m.-1 p.m. "Meet me in the Caf!" Brunch

Speaker pushes



Speaker pushes on peace in Ja...
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Tree Names from Previous Years

Year	Tree Name	Reason
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1971	Son of a Bear	A maple tree named after a word play on an explanation
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2009	The Thinking Tree	Clarke teaches students to think for themselves

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Schedule of Events

Date	Event
Sept. 20	Clarke Assistant Hall tour
Sept. 21	Clarke's Soccer Game
Sept. 22	Clarke's Tennis Game
Sept. 23	Clarke's Volleyball Game
Sept. 24	Clarke's Basketball Game
Sept. 25	Clarke's Football Game
Sept. 26	Clarke's Softball Game
Sept. 27	Clarke's Baseball Game
Sept. 28	Clarke's Hockey Game
Sept. 29	Clarke's Ice Hockey Game
Sept. 30	Clarke's Figure Skating

CAMPUS LIFE 3

September 23, 2010

iPod-related hearing loss a concern

Clarke students weigh in on national debate

Aaron Rhomberg
Staff Writer

One issue gaining national attention is how more young people are suffering hearing loss from having their iPod volume turned up to maximum level. Apple was sued unsuccessfully by those who have developed hearing loss due to excessive use of the device.

Many news outlets are focusing on the effects of what will happen if this generation does not heed the advice and keep the volume at a minimum. While the evidence is clear, it is possible that most individuals will continue to listen to their music as loud as they want.

CNN iReport states that one reason for hearing loss is the size of the headphones. Ear buds work best because they block out the surrounding noise and the listener only has to turn the volume up half way, whereas basic headphones allow external noise to get through and the listener turns the music louder in order to block it out.

"I think that teens turn up the volume on their iPods to drown out the other noise in their lives, from roommates or parents," said Tina Fry, a junior majoring in communication. She feels that even though these goals may be achieved, it is causing us our ability to have good hearing years from now.

Erin Daly, sophomore majoring in religious studies, feels that students listen to their music loud because they want to go into their own world or because their choice in music sounds better when it is cranked up. While she does not listen to her music full blast, there are exceptions. "The only time I listen to my iPod full-blast is when I'm riding in the car with my family," she said.

However, some feel that this is not a major issue. Hannah Rhomberg, a junior majoring



<http://www.sxc.hu/photo/1151325>

in nursing, feels that anyone who owns or buys an iPod knows the risk that it brings.

"I think it's kind of a ridiculous report," she said. "Of course this is affecting their hearing in the future, but making it a national problem isn't going to change anything. You can educate kids about loud music the same way you can educate them about smoking and drugs; it's not going to prevent them from doing it."

Roberta Lavin, chair of the Clarke nursing department, has a take on the situation. "People play the volume high for multiple reasons," she said. "I suspect the primary reason is because it brings them pleasure. However, the bud-style earphones do not cancel out external sound and thus must be played louder to get the same effect as noise-canceling headphones that are worn on the outside of the ears."

When asked about her views on Apple being sued by iPod users, Lavin not only gave her opinion but had an idea for an application to help reduce hearing loss. "I have three iPods so I am a big fan," she said. "The one in my office is attached to external speakers; however, when I'm in the gym out come my ear buds. In the end, we are all adults and we know that we do things that have adverse health consequences. We have to make a decision on whether the risk is worth the pleasure. It helps if we consider that the risk will follow us into old age. Once you can't hear, you can get rid of the iPod."

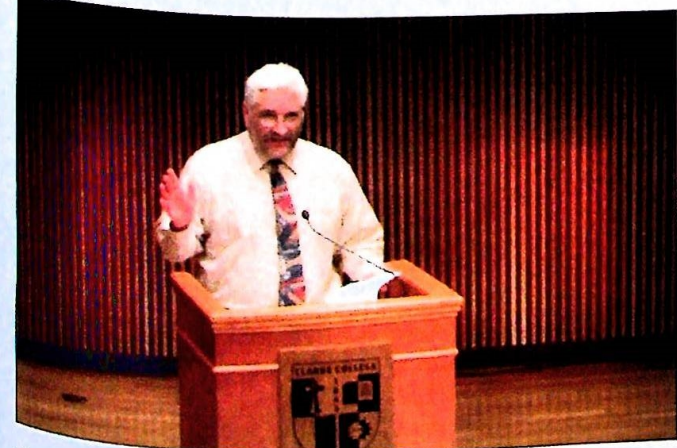
Lavin concludes, "It would be nice if Apple could make an app to set a volume that would not exceed 80 decibels, or put a restriction on the volume for people under 18 so they still have a good portion of hearing left when they become adults."

Tim Boffeli, chair and associate professor of psychology, has his own take on why students and the young generation decide to have the music loud. "The sympathetic nervous system is our activating or energizing system," he said. "Loud music is stimulating to the sympathetic system. As a primitive system, sympathetic activity is in charge of our fight or flight responses. If the sympathetic system is highly activated, then more adrenaline is pumped into the blood stream to activate the body. In most circumstances, though, music pumps us up to face the day or challenges."

Boffeli added, "For students, listening to music is very pleasurable and rewarding. But listening to music while studying is a potentially a dangerous combination. From a pleasure perspective, our brains are much more likely to pay attention to fun stuff than bookish material. Students who performed poorly on a test will say 'I studied all night.' While in actuality, they studied all night with Lady Gaga and Lil Wayne blasting in the background."

Speaker pushes students to actively strive for peace

Heather Jansen
Staff Writer



Ken Butigan speaks on peace in Jansen Music Hall Tuesday
Photo by Heather Jansen

Peace. It is a word that has the power to pull millions of people of differing genders, races, religions and social classes together to stand for a similar issue. Peace can make a difference if we let it.

The Clarke campus had the opportunity to participate in this difference and, in an attempt to

educate its community members, faculty, staff, and students, Campus Ministry hosted a speaker on Monday, Sept. 20. Ken Butigan is a dedicated peace educator and activist from Chicago. He is a member of the Peace e Bene, a determined group of individuals who work for peace, justice and dignity for everyone all over

the world. The group strives to educate people through workshops and programs to encourage change through nonviolent means. Butigan has directed the group's "From Violence to Wholeness" program and is also the author of several books.

September 21 is a day dedicated to a global movement for peace. The United Nations' International Day of Peace is a day set aside to accomplish this phenomenon globally. Butigan spoke of this day as a "global cease fire." He wanted us all to entertain our minds with the questions: "What does this mean to me? What does it mean for me to put down my gun?"

Through Butigan's personal experiences and the invitation for audience participation, the audience in Jansen Music Hall was inspired to answer this personal question and dissect the word "gun." The audience determined that "putting down our guns" is an attitude that is rarely socially acceptable as a way

of life or, simply put, it is too hard for us. Butigan said that it is these attitudes that we need to change.

"We must create an environment or culture of life and be active in it in order to establish trust between one another," said Butigan. He established a sense of hope that nonviolence is possible and within reach of us all through his accounts of his experiences in jails, protests, and his success stories of establishing peace among even gang members.

"The fact that there are people working for peace who haven't given up and are pushing to work this out can and should make people feel better," said Jill Sieverding, a sophomore music education major.

At noon on Tuesday, Sept. 21, millions were encouraged to stop and individually pray for peace. Clarke's Cantabile Singers entertained the Clarke community with a special performance in the chapel. Individuals in the Dubuque

area participated in this city-wide celebration of this day of peace.

"I am delighted that the city has taken on this challenge of creating a culture here in Dubuque. This is a great opportunity for Clarke to be a part of," said Amy Golm, BVM, director of Campus Ministry. "We will have to remember to do this in the future."

Butigan urged his audience through his passionate storytelling to believe that nonviolence and reflecting on how we can "put down our guns" is a "difficult, challenging, beautiful, emotional, creative, and active experience."

"Time is not enough," he said. "It is people like us where the change starts and our most powerful language is our bodies. Exercise this power!"

For more information on International Day of Peace and the movement for "A Million Minutes for Peace" visit www.amillionminutesforpeace.org.

CAMPUS LIFE

September 23, 2010

Education students travel to center of the world

lisa gibbs
staff writer

A group of students traveled 3,034 miles from Clarke University to the center of the world, Quito, Ecuador this past summer. The students traveled to live and volunteer at the Working Boy's Center.

The students are pursuing careers in teaching and the main focus of the trip was in the classrooms with students interacting and teaching.

"I was nervous that I would not be able to teach students the lessons with the very limited Spanish I had, but the lessons went fine and the students were excited to learn," said junior Brittney Duschner. "Being able to successfully teach students in another language really encouraged me that I will be able to teach as a career."

The students from Clarke were Courtney Berendes, Lisa Foley, Brittney Duschner, Lisa Gibbs, Lindy Stauffer, Shannon Ford, Amanda Fleege, Gabrielle Sullivan, and Kendra Kirk. Four chaperones who also traveled to Ecuador were Paula Schmidt, Michele Vosberg assistant professors of education, Mike Hyland, instructor of education, and his wife Deb, and Sheila O'Brien, BVM, associate professor of Spanish. There was also a special guest, a native of Ecuador, Dan Ward. Dan is from Dubuque and attends Saint Mary's University of Minnesota.



Clarke student Courtney Berendes teaching in Ecuador.

shoes, he decided to give them a place to belong, learn, and grow. The government in Ecuador only requires education until the sixth grade. At the Working Boy's Center the students go to school until sixth grade and then they have a decision to make, which trade to learn. The trades vary from baker, seamstress, woodworker, mechanic, beautician, and food service worker.

new," said Vosberg. "I am always impressed with how hard Clarke students work to help others."

Clarke students understood body language and gestures were a means of mutual understanding. "The students were so excited to learn and were very patient with us for not knowing or understanding lots of Spanish," said junior Lisa Foley.

Not only did the Quito students work on books, but Readers Theater was also introduced. Readers Theater is a play-type format, reading back and forth, with added emotions and expressions. The students loved the performances and could not wait to practice and perform.

"I was glad to see how well they did and how excited they were about reading when doing Readers Theater," said senior Courtney Berendes. The Quito students wanted more Readers Theaters to keep performing.

Creative ways of teaching were introduced by Clarke students, including hands-on games such as card games, math bingo, beans, flash cards, and beads. "They loved the math lessons so much that they wanted to stay in from recess to work on math," said junior Kendra Kirk. "I thought that was amazing." Clarke students saw that the children loved the games because they were interactive and the students were engaged.

"The most meaningful part of the trip was interacting with the children during physical education," said senior Shannon Ford. "No matter what activity we did, they always craved our attention. Whether it was encouraging and complimenting them, or just giving them a hug or a high-five, I could tell that it meant the world to them."

Not only in the classrooms did Clarke students teach, physical education was also enjoyed outside. They played games with the materials Clarke students brought, including Frisbees, volleyballs, and soccer balls.

Tied in with teaching, the group visited a native Ecuadorian school where the students were being taught about their cultural history by learning about nature and the Earth.

"The Ecuadorian teachers give their students

hand-on experiences by teaching through nature," said senior, Amanda Fleege. "This is exactly what Clarke emphasizes everyday



Brittney Duschner teaching hands-on math games.

in the classroom."

Teaching was the highlight, but shopping and sight-seeing were worked into the trip schedule. Clarke students shopped in Otavalo, the native market filled with colorful goods for souvenirs for family and friends. The group traveled up the mountainside and hiked on the Andes Mountains at an altitude of 14,000 feet. From the mountains to the Equator, students were able to put on foot in the Northern and Southern Hemisphere at the same time.

They were able to watch the water flow in clockwise rotation when looking to the north and then look to the south and watch the water flow counter clockwise.

The souvenirs such as native artwork, scarves and alpaca blankets will be a good remembrance of the trip. The smiles and hugs Clarke students received from the children so eager to learn will not soon be forgotten.

The trip to Ecuador, through the education department, is made every two years.

"I would encourage every student to take a risk, to stretch themselves and to visit another place and another culture," said Michele Vosberg. "Travel changes your world view and in doing so, changes your life. It sounds like a cliché to say that a trip like this is life changing, but for many, I believe it is."



Kendra Kirk and Gabrielle Sullivan coloring with the students.

The Working Boys Center in Quito was founded 42 years ago by Father Halligan, a missionary priest from New York. When he saw young boys on the streets shining

"I enjoy watching Clarke students stretch themselves and move out of their comfortable environment to try something

Silly Bandz: Expressions of your inner child?

kristen koester
staff writer

Don't deny your inner child--Embrace it! Silly Bandz are an easy way to entertain yourself and others. Silly Bandz are fun, stretchy wrist bands that are shaped to form different things: zoo animals, fruits, tropical animals, sport team mascots, texting words, farm animals and many more fun things. They are colorful and some even glow in the dark.

Before Silly Bandz were the latest fashion fad, they were just nameless rubber bands. They were designed in Japan by a man who wanted to stop people from throwing out rubber bands by creating the environmentally friendly animal designs to encourage people to recycle them instead. Before long, these creative new products were discovered by 47-year-old Robert Croak who had them turned into Silly Bandz.

Alyssa Gantzert, senior psychology major

clarke courier

first heard about Silly Bandz from the incoming freshmen. She was a tuckpointer this year and she discovered it was the new fad for everyone. She then went to Wal-Mart and bought some because she thought they looked pretty cool.

"My favorite was a seahorse but I traded it with someone for the dinosaur," said Gantzert. "I think Silly Bandz are just kind of fun and different. Yeah, it might seem like I am 5 years old but we all still have a little bit of kid left in us."

Alyssa said her first Silly Band was a green shark. She likes that there are so many bright colors and that they can change her mood when she looks at them. Alyssa has a total of four Silly Bandz: a shark, a strawberry, and a pear and as well as a dinosaur.

Takara Harden, senior sport management major, was intrigued by Silly Bandz this

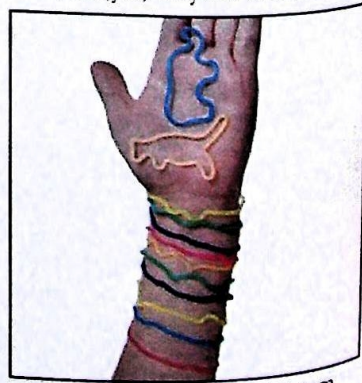
summer when she saw other people wearing them. She got her first Silly Band from a friend at Clarke but then decided to buy a pack of her own. Takara's first Silly Bandz were a penguin, a banana and a pineapple. She wears them just for fun and she admits that she has about 10 or so of them. She said her favorite one is her penguin because it looks funny, and adds, "I can't wait to get a ninja-shaped one!"

Kristin Kachlik, junior physical education, major was not all that excited when she went home for a weekend and her nephew gave her her first Silly Band, which happened to be the Disney character Goofy. She has a total of four now, which are all Disney characters which she feels the need to wear around her nephew but not so much anywhere else.

"It wasn't all that exciting for me, but he sure was happy to share so I played along,"

said Kachlik. "They're dangerous too! He was playing with them (stretching them out while they were on his arm), and one snapped and left a mark."

So there you have it. Silly Bandz: a new fashion, and yes, maybe a ridiculous fad.



<http://www.lilaccessories.com>

September 23
Bad Roma

pete dudek
a & e editor



Here are five simple rules
to your bride-to-be.

1. Bitch the proposal

She is expecting something big and getting down on one knee. She wants something that is her life. Skip the speech, ask her while you're watching

2. Suggest eloping

Chances are if your fiancée is

Taking ad

catherine savitch
staff writer

Every year sickness strikes college students and a sore throat are common. A study found that college students who missed fewer classes in a study reported on the AE



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So there you have it. Silly Raulito
fishhook makes a real difference

OPINION

September 23, 2010

Bad Romance: How to Ruin Your Wedding Before it Even Arrives

pete dudek
a & e editor



Relationships are all around on campus. In college, relationships generally take a turn for the more serious, and a small handful of you will take the next step. Guys, this "step" is closer to a leap; there's no turning back. Think it out; there's a lot to consider. There are good boyfriends and bad boyfriends, and the next stage, being a fiancé, is no different. Here are five simple rules to being an absolutely terrible fiancé to your bride-to-be.

1. Botch the proposal

She is expecting something big and elaborate that includes a big speech and getting down on one knee in a romantic setting. She wants something that she'll remember for the rest of her life. Skip the speech, the flowers, the dinner, and just ask her while you're watching TV.

2. Suggest eloping

Chances are if your fiancée is any type of woman she has

3. Make "I don't care" your new catchphrase.

Despite the wedding being all about her, she will ask your opinion on things such as flowers, who to invite, color scheme – the list goes on. It doesn't matter what she asks; it is a trap regardless: She already knows what she wants and is looking for you to agree. But saying "I don't care" puts more stress on her to make her special day perfect. Chances are pretty good that you really don't care if the flowers are tulips or roses or if the colors are silver or pink, but vocalizing your lack of interest gives the impression that you don't care about her. Besides, she's also going to change her mind so, regardless if you agree or not, it will change.

4. Insist on helping to select the dress

The one thing she should have absolute control over is the

wedding dress. However, you want to make sure she looks good and best represents you. After all, you are the one marrying her. She doesn't really know what she wants, so lend a helpful voice. As men, we want the dress to show a little skin; the dress should say, "Yeah, I'm pure, but I'm also coming off tonight."

5. Say "Forget the DJ, I have a Zune"

Music is an essential part of every ceremony and reception. The ceremony isn't difficult: "Canon in D," "The Four Seasons," and insert old classical composition here. However, it doesn't cost money to have music at the ceremony unless you're going with an organist/singers/etc. Why should you pay \$1000 to have some stranger pick music for your reception? Surely your collection is of greater quality and appropriateness for the occasion. This way you have your personal favorites and a few surprises for your guests. The bride, of course, is going to want a so-called "professional" to decide the perfect bouquet and garter toss songs. She's getting married, she's hysterical and doesn't know what she's talking about.

If you can manage to pull off all five of these and still get married you are a god amongst men.

Taking advantage of flu shot clinic could raise your grades

catherine savitch
staff writer

Every year sickness strikes college campuses. So if fear of a runny nose, fever, aches and pains and a sore throat aren't enough to make you get a flu shot, consider that a recent study found that college students who got flu shots got higher grades—mainly because they missed fewer classes.

In a study reported on the ABC news website, researchers conducted an online survey

at the University of Minnesota which showed that with a flu shot, "in addition to the 30 percent reduction in flu illness, vaccinated college students were 47 percent less likely to visit a doctor for flu, 32 percent less likely to miss class and 47 percent less likely to do poorly on a test."

Clarke is offering students, faculty and staff, as well as family members and friends, a single shot that protects against seasonal flues as well as H1N1. The Flu Shot Clinic will be in the Gallagher Lounge in the Kehl Center Oct. 19, 11 a.m. – 2 p.m. The cost is \$28.

According to a recent National Public Radio story, every year about one in four college students gets the flu. It goes on to mention that many students are not aware of how bad an outbreak of the flu can actually be:

See "Flu Shot" Pg. 8



DUBUQUE'S got Sisters

Join us for an inside look at religious life!

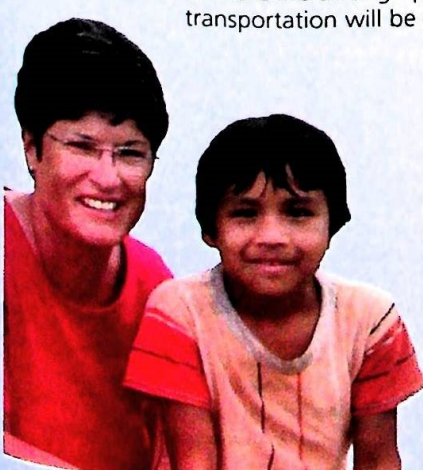
Are you interested in checking out religious life?

Then join us for a 24-hour tour of four tri-state area convents to share life through praying, dining, and storytelling. Local transportation will be provided, and there is no fee to attend.

Two dates:

Friday, October 8 at 5 pm to 6 pm on Saturday, October 9, 2010

To register or for more details, e-mail Sr. Lou Anglin, BVM, at langlin@bvmcong.org or call (563) 588-2351.



Sponsored by Sisters of Charity of the Blessed Virgin Mary, Sisters of the Presentation of the Blessed Virgin Mary, Dubuque Franciscan Sisters, and Sinsinawa Dominican Sisters

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September 23, 2010

Recognize Anyone?: A Mystery Exhibit

Ilan Christlanson
staff writer

Unless you walk around with your eyes closed, you, like everyone else at Clarke, have seen at least one painting by Helen Kerrigan, BVM, professor emerita: The tray of reflecting Christmas ornaments, the Danish and coffee breakfast, or the abstract dresser in the sky—all Kerrigan. She has been painting and teaching art at Clarke for over 50 years, and is now passing her studio onto Jessie Rebik, assistant professor of art. However, Kerrigan will remain on campus (in Rebik's old office), painting as usual.

In cleaning out her studio, Kerrigan came upon many portraits of Clarke Alumni. At the suggestion of Carmelle Zserdin, BVM, adjunct instructor of art, Kerrigan plans to do a "Guess Who" exhibition at next week's homecoming Oct. 2. The portraits are unnamed and only an approximate date is known. There was no motif or



Artist Helen Kerrigan, BVM, beside one of her mystery portraits. Photo by Erin Cowan.

theme curbing selections for the exhibit. Kerrigan said she "just liked to paint" so she asked students she "found walking around with an interesting hairstyle or outfit" to pose.

Zserdin's idea is to see if everyone together will be able to identify the random subjects of Kerrigan's portraits. Only a few of the paintings out of the piles gathering in the hall of third floor Eliza Kelly will be chosen for the homecoming exhibit. They will be shown in the Atrium conference room.

Along with Kerrigan's mystery portrait exhibition next week, the art department also has its annual faculty arts sale followed by the reception for the upcoming Quigley Gallery Alumni Sculpture Exhibit.

Interested in Religious Life?

Check Out "Dubuque's Got Sisters!" Tour.

Join Dubuque-area Sisters for a 24-hour tour of four tri-state area convents to share life through praying, dining, and storytelling. Local transportation will be provided, and there is no fee to attend.

Friday, Oct. 8 at 5 p.m. to Saturday, Oct. 9 at 6 p.m.

The evening will begin with supper and overnight hospitality on Friday at Mt. St. Francis with the Franciscan Sisters. On Saturday, the group will join the Sisters of the Presentation for breakfast, the Sisters of Charity of the Blessed Virgin Mary for lunch, and then journey to Wisconsin or evening prayer and supper with the Sinsinawa Dominicans.

To register or for details, e-mail Sister Lou Anglin, BVM, at langlin@bvmcong.org or call her at (563)588-2351.

Rave review for summer's Runaway literary hit

pete dudek
arts etc. editor

Pond novels—it's a phrase I coined to describe a piece of literature that found success overseas before hitting the U.S. and international markets. The Harry Potter series is one such example. The latest and most intriguing pond novel is one of the most hyped of the summer, "The Girl with the Dragon Tattoo" by Stieg Larsson.

The story follows the two central characters: Mikael Blomkvist is a journalist being tried for libel. Shortly after, he is hired by an industrialist to investigate the disappearance of his great-niece, which occurred 40 years prior.

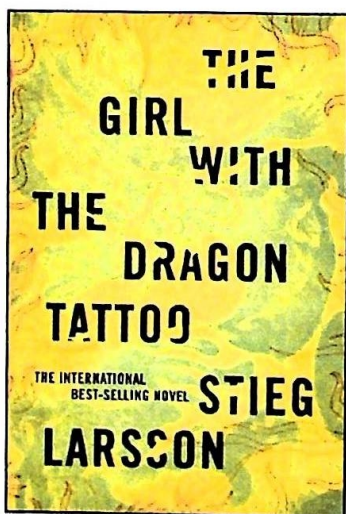
The second primary character is the tattooed and pierced Lisbeth Salander, a 24-year-old woman with a particular penchant for uncovering secrets as a freelance private investigator.

The strongest aspect of the novel is character development. While the characters themselves don't grow much, Larsson takes his time on the relationships between these characters and how the reader connects to them. He brings the reader along the well-crafted plot without any effort. It is very difficult to put down this novel once started.

The only downfall of the novel is the slow developing plot. It takes four chapters before the plot really starts to kick off but this is not necessarily a drawback. What makes the 644-page novel truly great is the story. After those first four chapters the novel flies by.

Bryan Zygmunt, professor of art history, says he finished the novel in just two days.

The novel is a mature read and definitely not for everyone. There are moments that are sexually and



violently graphic: misogyny and sadism are recurring themes. (The original title was "Men Who Hate Women.")

Expect to walk away with a sense of wanting more. The story tapers off the last 100 pages and ends rather blandly, tying up every loose end. However, you will put the novel down and think, "Wow, what an amazing read." This is definitely a work that is more about the journey than the destination.

On that note, I finished "Girl" with the same feeling I had leav-

ing the theater after "Inception": I didn't really know what to think, but loved the experience and wanted to go back and do it again. Thankfully, if you do want more, there are two sequels to the book.

"Girl" was published posthumously in 2005, a year after Larsson died of a heart attack at age 50. The novel, along with the other two books in the "Millennium Trilogy" (including "The Girl who Played with Fire" and "The Girl who Kicked the Hornet's Nest"), were submitted to publishers right before his death. Larsson was an investigative journalist, and the first author to sell one million e-books on Amazon in addition to over 27 million copies of the trilogy (physical and digital) in over 40 countries.

All three books have Swedish film adaptations. "Girl" will see an American adaptation in 2011 starring Daniel Craig from "Casino Royale."

Summer 2010: Hollywood's Hottest Hits and Biggest Blunders

aaron rhomberg
staff writer

The Best

The summer of 2010 has finally come to a close. This summer had weak offerings in the theaters, leaving little to choose from. One of the problems was that there were not any titles other than "Inception" to spark tons of interest.

"Toy Story 3"—There are many uncertainties in life, but one thing is for sure and that is Pixar will never make a bad movie. It has been 11 years since Woody, Buzz, Mr. Potato head, and the rest of the gang appeared on screen. The characters do not feel outdated. Tom Hanks' and Tim Allen's chemistry was touching and the 3D version worked in the film's favor. But the character who stole the movie was Ken (Michael Keaton); he was able to bring a sense of comedy and cluelessness that made Keaton famous in the 1980s. This is one worth seeing again on DVD.

"Inception"—Chris Nolan's first film since "The Dark Knight." This time he took the audience into the mind and the world of dreams. What makes this movie work, besides the originality of the script, is that CGI is limited. The effects were performed conventionally with sets being placed on hydraulics to convey a room spinning or shifting in various directions. The performances were a big plus and the actors felt real and made the audience care about them. Hopefully, Nolan can keep the momentum going when he begins shooting the final installment of his Batman franchise next year.

The Worst

While the summer had a few hits, there were too many bombs that audiences stayed away from. "Jonah Hex"—This was a film that no one asked for, yet Warner

Bros. decided to make a film based on an old western comic book. Josh Brodin hated the script initially but after reading it a second time, he

thought of it as a tongue-in-cheek film. He was mistaken. His performance comes off as campy, which becomes reminiscent of the old Adam West "Batman" television series except with a bigger budget, lots of gun fights, and explosions. While most films use an orchestra to help express emotion, this film relies on heavy metal throughout, and this honestly gave me a headache. Finally, the biggest problem with this movie was Megan Fox. She adds very little to the movie. She walks around trying to be sexy, and when she opens her mouth the accent she uses is laughable. I was hoping to see if she could really act. Sadly this is not the case.

"Cats & Dogs 2"—Another film no one asked for. Yet again Warner Bros. decided to make a sequel to a 2001 family movie, and try and dupe families with 3D but the gimmick didn't work. This is a cliché story, where the two species who are mortal enemies have to come together to save the world from a Dr. Evil like cat. The biggest problem with the story, besides the script, was that it didn't offer anything new; this is a story that we have all seen. The end result is a movie that flopped badly and that 3D couldn't save.



September 23, 2010

The Fabulous



Freshman volleyball player Shannon Gallagher vs. UD.

Staff writer
The beginning of the year brings in the freshman class full of athletes. About the freshman class are athletes, and athletes are already in season. Women's soccer, women and men's volleyball, cross country, and all in full swing.

Women's soccer has started its season winning in Minnesota and maintaining second. This year the women's team has Abby Willich, Brittany Sula, Ashley Weberg, Lydia Sixta, Brittany Schuman, and Abby Willich and have netted goals for the team, which has been a stalwart in the backcourt and attending many tournaments. They spend all fall going to ever-



Freshman soccer player Brittany Sova

The men's soccer team has a roster this fall six of whom are international. Mathias Hollaus and Ben Mazurek, Austin Myers, and the team of many key players. The team has beaten their rival University of Lawrenceville, and other teams such as University of Kentucky. Both teams are a lot of the field, with Mazurek has one goal and Sova has one goal and

SPORTS

7

September 23, 2010

The Fabulous Freshmen Feature



photo by brendan west

Freshman volleyball player Besty Nauman covers the block with sophomore Shannon Gallagher vs. UD.

samm mammoser
staff writer

The beginning of the year brings in a new Clarke freshman class full of athletes. About 56 percent of the freshman class are athletes, and a third of those athletes are already in season. Women and men's soccer, women and men's volleyball, cross country, and golf are all in full swing.

Women's soccer has started its season with a bang, winning in Minnesota and maintaining a 3-3-1 record. This year the women's team has seven freshmen: Abby Willich, Brittany Sova, Andie Bruce, Rachael Wenberg, Lydia Sixta, Brittany Sova, and Katie Sebastian. Both Abby Willich and Katie Sebastian have netted goals for the team, while Rachael Wenberg has been a stalwart in the back. All the women have a long background in soccer, playing for many years and attending many tournaments.

"You spend all fall going to every college search



Freshman soccer player
Brittany Sova

tournament your parents will pay for," freshman psychology major Brittany Sova remembers. "My team went to Saint Louis, Tennessee, Maryland, San Diego, Orlando, and North Carolina. It's all about getting spotted so you can keep playing."

The men's soccer team has a roster of 26 players this fall, six of whom are freshmen. The freshman class is led by the Swedish international, Mathias Hollaus and includes Alex Gudenkauf, Austin Myers, Ethan Abney, Bart Mazurek, and Austin Law. With the return of many key players and the addition of the new players, the Crusaders have beaten their rival, University of Wisconsin-Platteville, and other Division III teams such as Lawrence University and Hamline University. Both Hollaus and Mazurek see a lot of the field, with Mathias starting in the back and Mazurek playing up top. Mazurek has one goal and an assist on the season so far.

Twenty-one players make up the roster for the women's volleyball team this fall. The eight freshmen on the team are Julia Stefonek, Betsy Nauman, Kristina McKenna, Katie Reynolds, Megan Bunyer, Alex Ludwig, Brittni Hortsman, and Melissa Dever. Nauman, whose sister Abby is a junior on the team, has been playing volleyball for eight years.

"Betsy constantly works hard in practice pushing others and always comes up big for the team during the game," says teammate Tara Sargent, a sophomore math major. Brittni Hortsman says she enjoys playing volleyball because it is challenging and addictive.

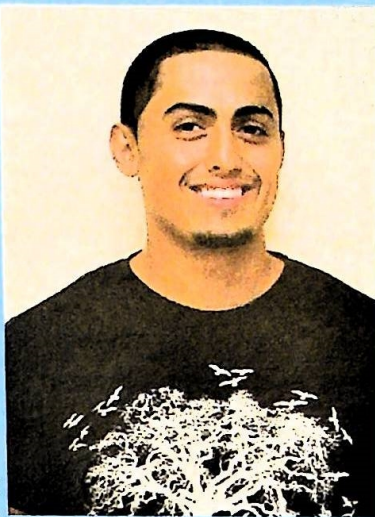
Both men and women's cross-country have added three new freshmen to their rosters. Josh Bellows, Zachery Molid and Nicholas Rhinehart have joined the men, while Grace Gordon, Courtney Klein, and Carrie Pieper have joined the women. Gordon came in first for Clarke at the 17th Annual Mustang Gallop on September 4.

Men and women's golf has begun the season with the addition of eight new members between the two teams. The men's team has three new freshmen: Seth Cory, James Hagen, and Josh Udelhofen. The women introduce five new members: Sara Eisenmenger, Grace Jennejohn, Mallory Miles, Sarah Olberding, and Tasha Redmond. Freshman mathematics major Hagen started playing golf in eighth grade because he says, "Golf is both physically and mentally challenging," while freshman graphic design major Olberding plays golf because, "it's a fun, competitive sport that my family plays. It's a sport where you meet a diverse group of girls."

**"It's all about getting spotted so you can keep playing."
-Brittany Sova, freshman.**

Column: Football awakens familiar feelings

andre navarro
staff writer



As we all know, the highly anticipated NFL and NCAA football seasons have finally arrived. To some, it is not that big of a deal. For others, it provides reasons to bring out that jersey and favorite cup holder.

Some are putting football season in the back seat because their baseball team is in a pennant race. But if you are like me, football season could not have come around any sooner. As many of you know, there is nothing worse than having high expectations for your team just to have it let you down, and I know I am not alone among baseball fans when it comes to this unfortunate circumstance.

Bryan McCreary, a freshman marketing major from Chicago, is a Green Bay Packers fan, which has given him something to cheer about for this upcoming NFL season. "This season gives me hope because I know the Packers have what it takes to win the Super Bowl," he said. "It makes me feel a lot better about the Cubs having such a disappointing season; watching Sportscenter will not be as painful anymore."

Living in the Tri-State area and with the diversity of students on campus, you will hear people at Clarke cheering for a variety of teams. Whether it is college or the pro, football is spreading hope and excitement throughout campus.

Of course you have people like me who have completely lost hope in our favorite team finding ourselves counting down the days for baseball season to end, hoping that college and NFL will revive the inner sports fan in us. I am hoping USC (University of Southern California) and the San Francisco 49ers can spark the light that baseball put out. Of course there are those fortunate fans whose baseball teams are in the middle of a pennant race. So for those people, well, lucky you; not everyone will be as fortunate. Some call them "front runners," but that is not up for discussion.

Rolando Sanchez, junior communication major from San Diego, is rather content with the performance of his teams. He is optimistic the upcoming college football season will keep that smile on his face for a little bit longer. "The Yankees rarely let me down so I am content through October," Sanchez said. "When it comes to college, I am a huge USC fan, so for the most part I am happy year round when it comes to sports."

Mary Ellen Herbst, Switchboard Receptionist in the Atrium, is an avid sports fan, especially baseball and football. Although her baseball team let her down, she is quite optimistic about what this year's college football season has in store. "I am ready for the Cubs' season to be over because they are so bad!" she said. "What I am really looking forward to is seeing my Iowa Hawkeyes make it to a BCS (Bowl Championship Series) game, yes!" Unfortunately, the Hawkeyes suffered an early loss to the Arizona Wildcats last Saturday, diminishing their BCS hopes.

So who is to blame for our sports team struggles? Is it the team itself? The city in which we live? If you are looking for an easy way out, try blaming your parents; I mean they did raise you and heavily influence your choice of teams, but good luck with that. Growing up in Las Vegas I did not inherit a team. My father, a Cleveland Browns fan, and my mom, well, remember that front runner thing, yeah that. Somehow I ended up with the San Francisco 49ers and the Cleveland Indians, both dominant teams in their respective leagues. In the 1990s I was accustomed to success and rare losing seasons.

It was not until the turn of the new millennium, at the age of 10, that I truly appreciated college football. Being born in Southern California, you could say I inherited liking USC. Whatever you like to call it, my professional teams' lack of success at the time contributed to me following my college team. It's strange sometimes how sports can spark interests in other sports and how they can impact someone at a young age.

What is not to be overlooked is the role sports plays in society. Other than providing a college education and life-long careers to some, sports unify people of different genders, age, even culture. No matter what time of year, we can all turn to sports for temporary satisfaction, and for some lucky fans, even more than that.

clarke courier

September 23, 2010

Bees repelled in home opener

elliott carr
staff writer

Clarke Women's Volleyball fans have much to look forward to this season. Knocking off the defending conference champion St Ambrose Queen Bees en route to a 8-3 start to the season shows the team is a major contender for an MCC (Midwest Collegiate Conference) Championship.

Clarke defeated St Ambrose 3-1 (25-21, 19-25, 25-22, 25-17), displaying versatility with contributions from several players.

There is something about beating St Ambrose that leaves one extremely satisfied. Maybe it is their success, maybe it is their perceived arrogance, or perhaps even the underlying tension that lingers between the two schools.

"They are a perennial top team in our conference, and beating them is great for the program" said head coach Chris Miron.

Clarke made several strategic moves throughout the match. "St Ambrose keyed on our middles, so we saw the outside was available" said Miron. And available it was, as Miron received a sterling performance from his outside hitters.

It was a night that sophomore Shannon Gallagher is not likely to forget anytime soon, leading the team 14 kills, with several coming in clutch situations. She also contributed 11 digs, in what was a complete all around game. She received strong support from senior Ashley Shields who had 13 kills, while junior Abby Nauman and freshman Meghan Bunyer recorded 10 kills each. Junior Meghan Harrison was also highly efficient with 8 kills, hitting at a percentage of .467. Junior Hannah Grow also had a team high 36 assists.

Defensively, freshman Betsy Nau-

man led the charge with 19 digs, while senior Heather Jansen also helped carry the load with 15 digs. While the match was overall a great success, Clarke was also faced with adversity at times. They lost the second set 19-25, but managed to come out on top in a third set that saw several lead changes. "Everyone remained calm; we were just looking for that extra push" said junior co-captain Hannah Grow. Miron was also pleased with the team's composure under pressure. "I was never nervous, I knew that we were going to get over the line" he said.

This was a very important win for Clarke, one that can give them confidence going into the grind of the conference schedule.

You can catch their next home game on Sept. 28 against Viterbo.

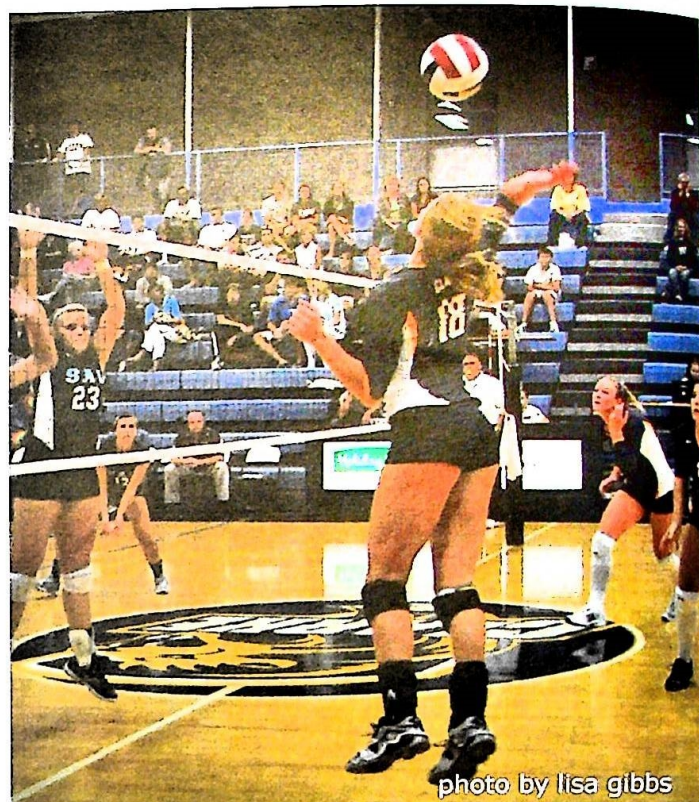
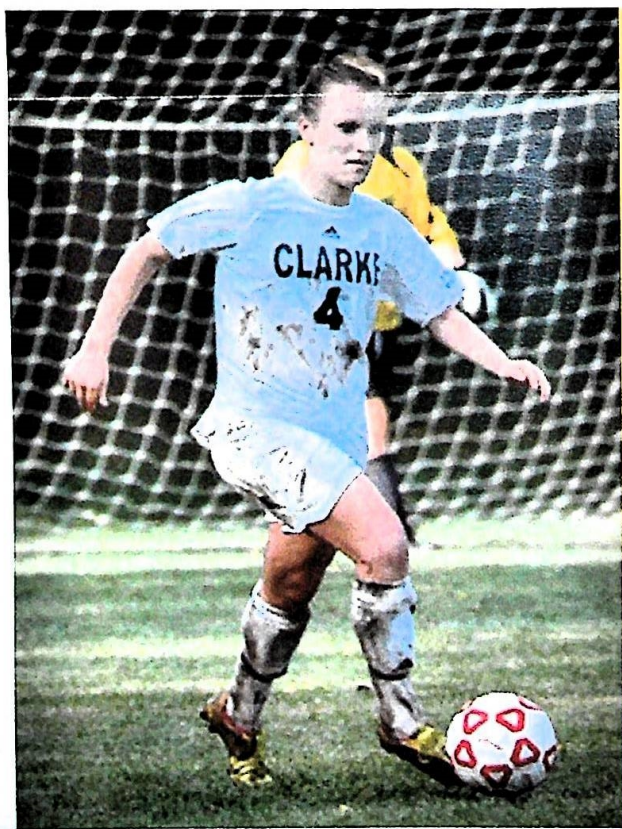


photo by lisa gibbs

Megan Bunyer poised for an attack in Tuesday's game versus St. Ambrose.

Clarke U Sports Briefs:

tyler oehmen
sports editor

Women's Volleyball

Clarke improved to 8-3 overall last Friday beating Cardinal Stritch and Culver-Stockton at Iowa Wesleyan. Ashley Shields was named MCC player of the week powering Clarke through with 42 kills in three matches.

Men's Golf

Led by freshman Josh Udelhofen, who shot a 151, CU finished fourth overall in the Clarke University Fall Classic, which ended Monday, September 20.

Women's Golf

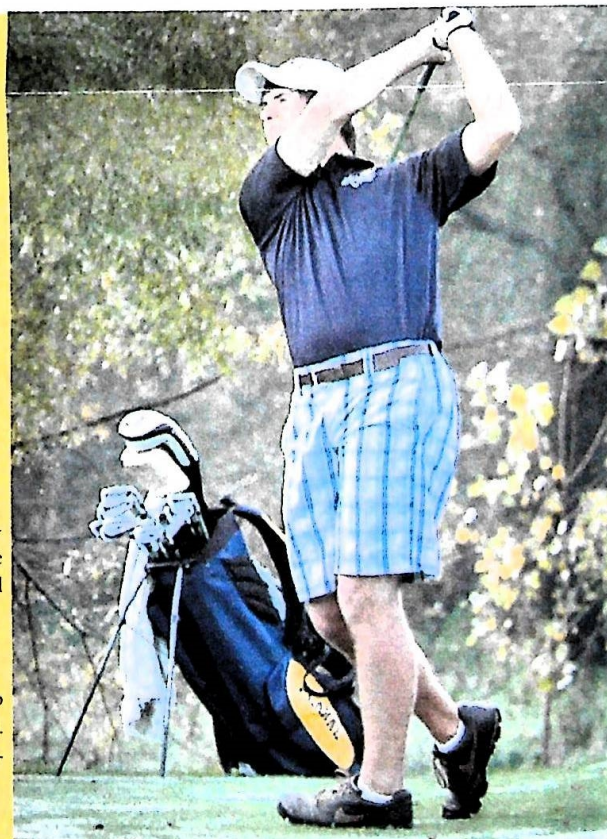
Sarah Olberding shot a 167 and finished sixth place individually at the St. Ambrose University Fighting Bee Classic. At the two day tournament, which ended Sunday, Sept. 19, the team finished seventh overall.

Soccer

The men's and women's teams were rained out on Tuesday Sept. 21 against Trinity International. The men are 3-4-1, while the women are 3-3-1. Both teams hit the road Saturday to play Waldorf.

Cross-Country

The men's and women's cross-country teams will jump down to the Quad Cities for the Augustana Invitational. Both teams competed in the National Catholic Invitational at Notre Dame University in Indiana.



Flu, continued from page 5

"Each year students end up with dangerous cases of bacterial pneumonia that can follow on the heels of the flu. Occasionally, a previously healthy young adult dies."

Tammy Moore, staff nurse at Clarke says, "The flu shot is highly recommended especially for communal living. The flu vaccine is an inactive, killed virus so there is no possible way that the person being vaccinated would get the flu from the vaccine. They

may coincidentally get sick after getting the vaccine but the vaccine is not live."

Flu shots all over the country are being offered for between \$20-\$30. "Since the shots are being offered at the school I believe \$28 is fair and convenient-- I'm planning on getting a flu shot," said Morgan Sullivan, sophomore communication major.

Moore recommends that people call a week in advance to sign up (extension 6374).